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A WARM WELCOME TO OUR
SPRING 2024

Quarterly Newsletter

Manager's Introduction

As we fully step into spring, we are loving the warmer weather and lighter evenings. We look forward to time spent outdoors, enjoying our garden and getting out and about in the community.

In this newsletter, we are pleased to share with you some of our recent activities and event highlights, so sit back, relax and enjoy.

Also, if you know someone who would like to receive our email newsletters just let us know, or forward them the newsletter sign up link below:

Newsletter Sign-Up

Best wishes,

Liz Brown
Home Manager

New Season & Newborn Chickens

Meaningful Activities

The residents and our staff members here at Bothwell Castle loved our spring initiative; we looked into the life cycle of a fertilised egg and the miracle of nature coming to life.

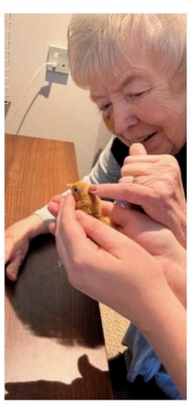
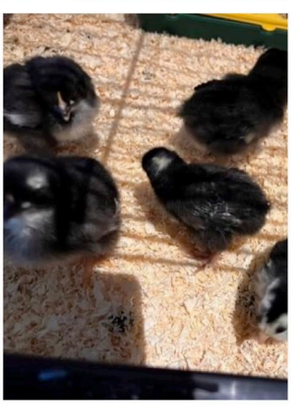
The incubation period for chicken eggs is usually 21 days. A chicken egg incubator is a device that provides the artificial hatching of eggs. This machine works by providing the correct warmth and humidity to the chicken eggs which has various automatic and manual temperature control options for accurate hatching of eggs.

Our residents took part in ensuring that there was enough water to generate heat within the incubator and within two days our eggs started to hatch. The first sign of hatching our residents noticed is known as pipping, this is when the baby chick breaks a small hole in its shell with its beak. The next stage is called zipping! During this stage, the chicks started turning inside their shell, before making a full breakthrough! At this time the residents kept a close eye on the eggs as we knew they could be born at any time. The chicks started to peck their way out of their shells, they didn't need any help, although some clucking from our residents did give them some encouragement and reassurance. Once they were out of their shell, they took a while to recover from all their hard work and they had to dry off in the incubator before being transferred to their special heat lamp.

Our residents loved petting and feeding the baby chickens and our families and residents from the local community also popped into meet our baby chickens who were all named as soon as they were born.

The purpose of this activity was to promote new life skills for our residents, whilst celebrating nature in springtime. It benefited our residents as it helped in developing social skills such as working together to nurture the chicks, team building, organisation, decision making and leadership.

Additionally, the chickens were used as a part of our pet therapy. These little fluff balls lifted our residents' mood, whilst bringing a sense of calm and purity.

Easter

Celebration Time

Our resident's explored their creative side during our arts and craft session in creating Easter bonnets and baskets. Residents used a range of different materials including raffia, models of baby eggs, lambs and chicks to decorate their bonnets and baskets in which we displayed along the windows and activity boards of our home. All of our residents throughly enjoyed seeing all the different creations on display.

We also put on some Easter inspired bingo for our residents along with some Easter themed colouring sheets and even our residents who visited us for a short period of time also got involved.

Finally, we celebrated Easter Sunday by reading passages from the bible of the Easter story, some residents by request were also visited by our local priest, Pat.

The whole purpose of these Easter celebrations was to enhance mental stimulation and wellbeing, encouraging cognitive function whilst promoting inclusion and religious observance, allowing our residents to remain active, creative and engaged. This also benefitted our residents as it helped them develop more social skills through interacting with others, providing mental stimulation and overall, encouraging residents to have fun with one another.

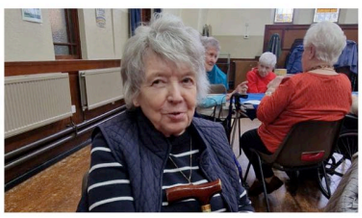
Community Interaction

Happy Times!

Being able to participate in activities and events with our local community is key to living a healthy and fulfilled life.

A recent Friday Fun Day started with a visit from our young friends from Bothwell Primary School. For older people, intergenerational activities and the presence of younger people can have incredibly positive effects on both mental and physical health. It also has benefits on the development of children to spend time with residents. We just love having the schoolchildren in to visit us.

Connections with the community are so important to our residents who enjoy meeting new friends and old. The Monday Club at our local church is one of our favourite weekly outings. Recently, Christine, one of our favourite entertainers at Bothwell Castle was singing at the Monday Club, making it even more special.



Care Inspectorate Inspection

Great Results

Following an unannounced inspection by the Care Inspectorate, we're thrilled to announce that we've been rated as a 'Very Good' care home overall, with four 'Very Good' ratings in key areas. The Care Inspectorate evaluates various aspects of a care service, including resident wellbeing, leadership, setting and care and support planning.

Liz Brown, our Home Manager, expressed her pride in our team's dedication, saying, "We pride ourselves in providing a warm and inviting family home along with the very best care. I am so fortunate to have such a dedicated and caring team who really do go the extra mile every day to ensure that our lovely residents care needs are met, but we go much further than that, offering a lifestyle with lots of variety, choice and more importantly fun and laughter".

She further added, "We are delighted on the results from our recent Care Inspectorate Inspection and it is testament to our total team approach".

To celebrate this achievement, we hosted a lively party enjoyed by both our team and residents.

Staff Awards

Well Done

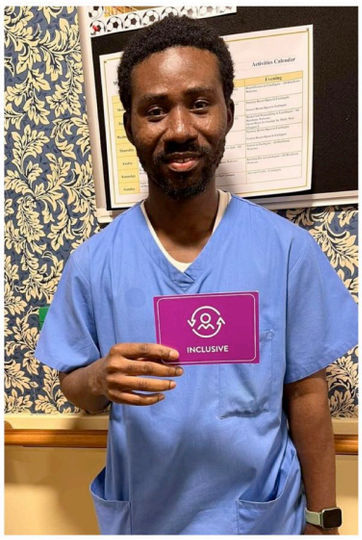
At Bothwell Castle Care Home, we take great pride in the hard work and dedication of our staff. We always strive to acknowledge their efforts and give credit where it's due. It gives us immense pleasure to share some photographs of some of our recent Values Awards winners, who embody our core values and principles.

At Bothwell Castle, we firmly believe in our values of kindness, respect, passion, trust, and inclusivity. Our staff is committed to upholding these values and making them a part of their everyday routine.

We encourage kindness, thoughtfulness, and friendliness in our staff, who are always focused on others and considerate of their needs. We believe in showing respect to everyone, and our staff is courteous, polite, and considerate in their interactions with others.

The passion of our staff is unmatched, as they constantly go above and beyond to ensure that they are doing their best and providing the best care possible. We trust our staff completely and they are dependable, reliable, truthful, competent and consistent in their work.

Finally, we believe that everyone is welcome at Bothwell Castle Care Home. We are an inclusive community where all people belong as part of our family. We are proud of our staff for upholding these values and making Bothwell Castle Care Home a warm and welcoming place for everyone.



Company Policies

Care Concern Group aim to be as open and transparent as possible and therefore all our Company Policies and Procedures can be accessed from the Manager or by request from a member of our Admin Team. Should you wish to view a specific policy for reference, these can be provided in an email or as a paper copy on request.

Keep In Touch

Communication is key, so make sure to check out our **Bothwell Castle Facebook Page** and give us a Like! We love to share photographs of what we have have been up to recently on this platform.

Leave A Review

We would greatly appreciate all feedback, reviews or suggestions you may have. Please contact us directly or leave a review through the link below:

Carehome.co.uk Reviews

Google Reviews

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