



## INTRODUCTION

### Message From Our Manager

I hope this newsletter finds you well. It has been a joyful and busy few months here at Bothwell Castle Care Home, filled with laughter, celebrations and special moments shared together. The home has had a wonderful atmosphere, with plenty of opportunities for residents to socialise, try new things and revisit cherished traditions.

It is always a pleasure to see our residents enjoying such a wide variety of activities, and I want to thank our team, families and friends for continuing to support everything we do. Your involvement, whether through visits, kind words or joining in our events, truly makes a difference to daily life here.

From seasonal celebrations to meaningful outings, this quarter has reflected the warmth, humour and strong sense of community that makes Bothwell Castle such a special place. I'm delighted to share some of our highlights with you.

Also, if you know someone who would like to receive our email newsletters just let us know, or forward them the newsletter sign up link below:

[Newsletter Sign-Up](#)

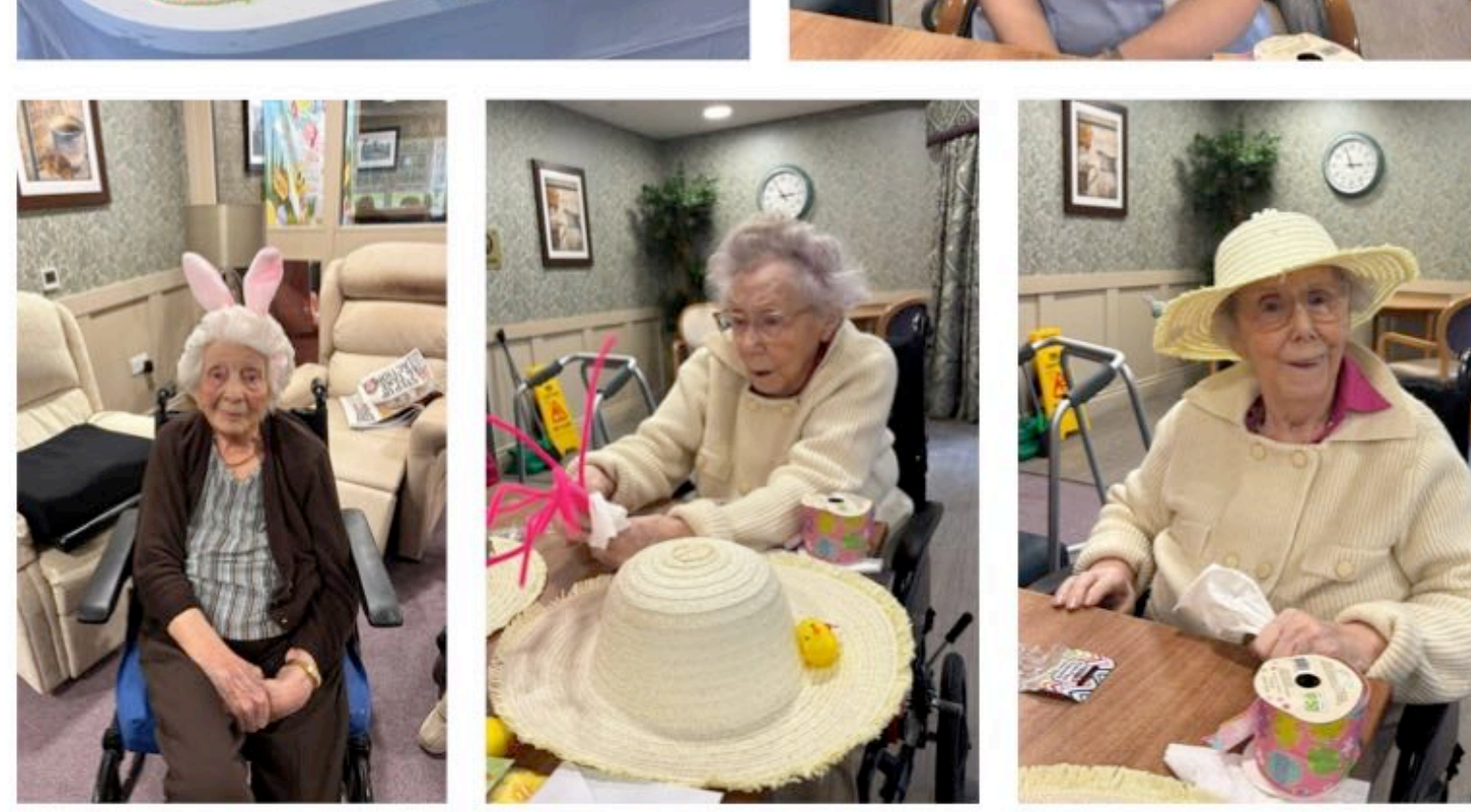
Best wishes,

**Sharon Maxwell**  
Home Manager

## ACTIVITIES & EVENTS

### Easter Celebrations

We had a wonderful time celebrating Easter together, bringing a real sense of spring into the home. Residents enjoyed getting creative making their own Easter bonnets, each one full of colour, flair and personality. It was lovely to see everyone sharing ideas, helping one another and taking pride in their creations.



Of course, no Easter would be complete without some sweet treats. Residents were delighted to receive and enjoy delicious chocolate eggs, which went down very well indeed. The celebrations brought lots of smiles and a light, festive feeling throughout the home.



### Red Nose Day Fun

Red Nose Day took place on Friday 20 March this year, raising over £30 million across the UK for Comic Relief. Here at the home, our residents fully embraced the "Crazy Hair" theme and really got into the spirit of the occasion.



There were some fantastic and imaginative hairstyles on display, from colourful creations to wonderfully wild looks. The laughter and energy throughout the day were contagious, and it was heartwarming to see everyone come together for such an important cause while having so much fun at the same time.

### Weekly Yoga

Staying active is so important, and our residents continue to enjoy our weekly yoga sessions with Cat. These sessions are a gentle and enjoyable way to keep moving, improve flexibility and promote relaxation.



The classes are suitable for all abilities, allowing everyone to take part at their own pace. Beyond the physical benefits, they also offer a calm and social space where residents can unwind, focus and enjoy each other's company. It has become a much-loved part of the weekly routine.

### St Patrick's Day Celebrations

We marked St Patrick's Day with a cheerful and relaxed celebration. Decorations brought a touch of green to the home, and there was plenty of good humour shared throughout the day.



Some of our ladies enjoyed a taste of Guinness, although it is fair to say it wasn't to everyone's liking. The reactions certainly gave us all a laugh and made for some memorable moments. It was a simple but joyful occasion that everyone enjoyed in their own way.

### Hampden Park

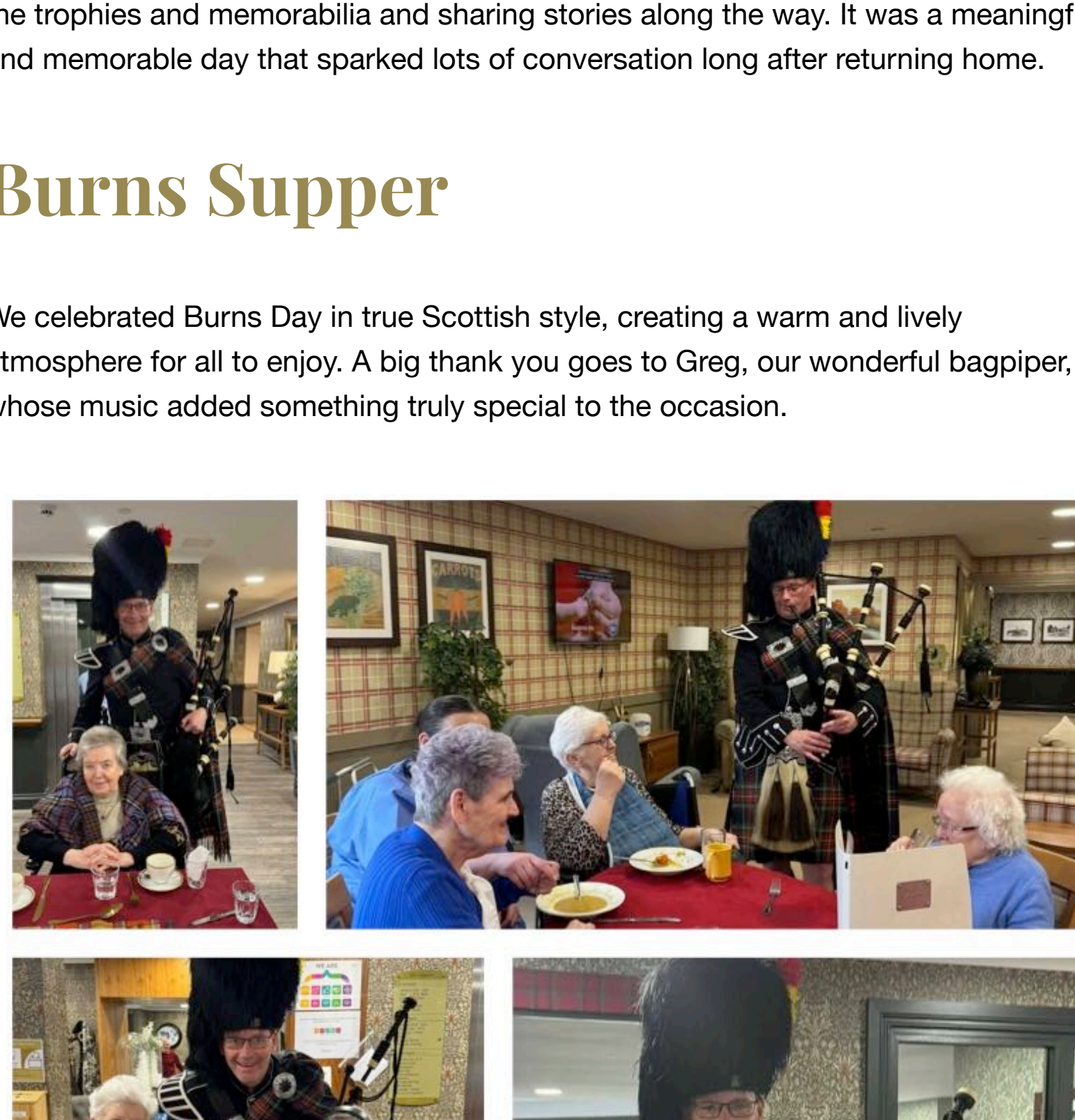
One of the standout moments this quarter was a special outing to Hampden Park for some of our gentlemen. This trip meant a great deal, bringing back many fond memories of matches, teams and footballing moments from years gone by.



Walking onto the pitch was a highlight, offering a chance to stand where so many great players have stood. The group also enjoyed exploring the museum, taking in the trophies and memorabilia and sharing stories along the way. It was a meaningful and memorable day that sparked lots of conversation long after returning home.

### Burns Supper

We celebrated Burns Day in true Scottish style, creating a warm and lively atmosphere for all to enjoy. A big thank you goes to Greg, our wonderful bagpiper, whose music added something truly special to the occasion.



Residents enjoyed a traditional meal of haggis, neeps and tatties, served with plenty of smiles. There was a real sense of togetherness, with conversation, laughter and appreciation for our Scottish culture.

## LOOKING AHEAD

### Spring Into Summer

As we move into the next quarter, we are looking forward to even more opportunities to enjoy time together. With the warmer weather approaching, we hope to make full use of our outdoor spaces, whether that be relaxing in the garden, enjoying fresh air activities or hosting small gatherings outside.

We are also planning more outings, themed events and visiting entertainment to keep our calendar varied and engaging. Continuing to support wellbeing, creativity and connection remains at the heart of everything we do.

Thank you, as always, for being part of our community. Your support and lively involvement mean so much to us, and we look forward to sharing more special moments in the months ahead.

## EXTERNAL LINKS

### Social Media

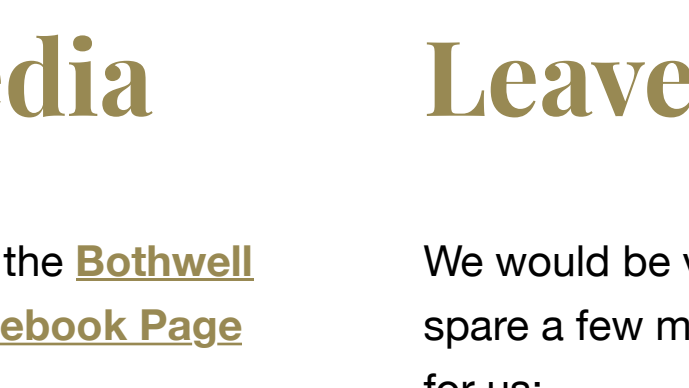
Make sure to check out the [Bothwell Castle Care Home Facebook Page](#) for all our latest photos!

Don't Forget To 'Like' Us!

### Leave A Review

We would be very grateful if you could spare a few minutes to write a review for us:

[Carehome.co.uk](#) & [Google Reviews](#)



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